Dulverton Primary School

"We love to learn, we like to play, we do our best in every way."

LEARNING JOURNEY OVERVIEW					
Our Core Values					
Integrity	Kindness	Difference	Friendship	Respect	Care

Subject: PSHE						
	AUTUMN		SPRING		SUMMER	
	1	2	1	2	1	2
EYFS	**Personal, Social and Emotional development**					
	Self-Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, respond appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.					
	Managing Self					

	• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.					
	Building Relationships					
	Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.					
YEAR 1	Who helps to keep us safe? Reception - Form positive attachments to adults and friendships with peers.	What helps us to stay healthy? Nursery - Be increasingly independent in meeting their own care needs. Become more outgoing with unfamiliar people, in the safe context of their setting.	What is the same and different about us?	Who is special to us?	What can we do with money?	How can we look after each other and the world? Reception - Show sensitivity to their own and to others' needs.
YEAR 2	How do we recognise our feelings? Reception - Show an understanding of their own feelings and those of others, and begin to regulate their	What helps us to stay safe? Year 1 - Recognising that people have different roles in the community to help them (and others)	What helps us grow and stay healthy? Year 1 - Understanding what being healthy means, who helps us stay healthy and how	What makes a good friend? Year 1 - Understanding what kind and unkind behaviours are and how it can affect	What is bullying? Year 1 - Understanding that everyone is unique and individual and has special qualities.	What jobs do people do? Year 1 - Understand what money is and that it comes in different forms, how it is obtained - earned,

	behaviour accordingly.	keep safe - the jobs they do and how they help people.	being healthy helps our well being.	others. How to be polite, courteous, play and work cooperatively.		won, borrowed, gifted.
YEAR 3	Why should we keep active and sleep well? Year 2 - Recognising that different things help their bodies to be healthy.	What keeps us safe? Year 2 - Understand that rules help us to stay safe and to know what to do if you don't feel safe.	How can we be a good friend? Year 2 - Understand how to resolve arguments that can occur in friendships and how to ask for help if a friendship is making them unhappy.	Why should we eat well and look after our teeth?What will change as we become more independent? Year 2 - Recognising that different things help their bodies to be healthy.	What are families like? Year 1 - Understanding that family is one of the groups we belong to.	What makes a community? Year 1 - Children understand they belong to various groups and communities (family, school, faith).
YEAR 4	How can we manage our feelings? Year 2 - Recognising and describing different feelings in themselves and in others and understanding that people may have different feelings and that feelings can change.	What strengths, skills and interests do we have? Year 2 - Children understand there are a wide range of jobs and challenge gender stereotypes about careers.	How can we manage risk in different places? Year 3 - To explore how to keep safe in the local environment, online and in the home by managing risks. Also, where to get help in an emergency.	How do we treat each other with respect? Year 3 - Understanding how to solve disputes and conflict amongst themselves and their peers.	How can our choices make a difference to others and the environment? Year 1 - Understanding how people and animals need to be cared for and looked after and what can harm the local and global environment and how they and others can help care for it.	How will we grow and change? Year 1 - Understanding how people and animals need to be cared for and looked after and what can harm the local and global environment and how they and others can help care for it.

YEAR 5	What makes up a person's identity? Year 1 - Understanding that everyone is unique and individual and has special qualities Recognising that differences make us special.	How can friends communicate safely? Year 3 - Exploring what makes a positive, healthy relationship, how to listen and respond respectfully to a wide range of people who may have a different point of view.	How can we help in an accident or emergency? Year 4 - Identifying how we can stay safe in the local environment and less familiar locations.	What decisions can people make with money? Year 2 - Children can demonstrate that money comes from different sources and can be used for different purposes (spending, saving).	How can drugs common to everyday life affect health? Year 4 - What rules, restrictions and laws exist to help people keep safe.	What jobs would we like? Year 2 - Understanding what jobs are and the skills that are needed. Recognising how people get a job and why the internet is very important for many people to complete their jobs.
YEAR 6	How can we keep healthy as we grow? Year 4 - Understanding the physical changes that happen during puberty including the importance of personal hygiene and emotional changes.		How do friendships change as we grow? Year 4 - Demonstrating polite behaviours and consequences of our actions. Understanding the difference between rights that every child has and responsibilities.		How can the media influence people? Year 5 - To identify the benefits and risks of social media, the dangers of sharing personal information and support offered to children if they feel unsafe or uncomfortable.	